

1-1-2008

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PAREKH, JIGNA and CHANDA, SUMITRA (2008) "Antibacterial Activities of Aqueous and Alcoholic Extracts of 34 Indian Medicinal Plants against some Staphylococcus species," *Turkish Journal of Biology*. Vol. 32: No. 1, Article 10. Available at: <https://journals.tubitak.gov.tr/biology/vol32/iss1/10>

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Antibacterial Activity of Aqueous and Alcoholic Extracts of 34 Indian Medicinal Plants against Some *Staphylococcus* Species

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Received: 20.07.2007

Abstract: Thirty-four Indian medicinal plants belonging to 28 different families were screened for potential antibacterial activity against 3 *Staphylococcus* species, namely *Staphylococcus aureus*, *Staphylococcus epidermidis*, and *Staphylococcus subflava*. Antibacterial activity of aqueous and alcoholic extracts was performed by agar disc diffusion method and agar well diffusion method. The alcoholic extracts were more active than aqueous extracts for all the plants studied. The most susceptible bacterium was *S. aureus*. The methanol extract of *Woodfordia fruticosa* showed the best antibacterial activity. The *in vitro* susceptibility testing of the studied staphylococcus strains was done against standard antibiotics.

Key Words: Medicinal plants, antibacterial activity, *Staphylococcus* species

Otuzdört adet Hindistan'a ait Tıbbi Bitkinin Sıvı ve Alkolic Ekstraktının Bazı *Staphylococcus* Türlerine Karşı Antibakteriyal Aktivitesi

Özet: Hindistan'da yetişen Yirmi sekiz farklı familyaya ait 34 farklı tıbbi bitkinin üç *Staphylococcus* species viz. *Staphylococcus aureus*, *Staphylococcus epidermidis*, *Staphylococcus subflava* bakterisi üzerine sıvı alkolic ekstraktların antibakteriyal aktivitesi agar disk diffüzyon ve agar well diffüzyon yöntemi ile çalışılmıştır. En hassas bakteri *S. aureus* olarak belirlenmiştir. *Woodfordia fruticosa* bitkisinin metanol ekstraktı iyi antibakteriyal aktivite göstermiştir. *In vitro* duyarlılık testi *Staphylococcus* türlerine karşı standart antibiyotikler kullanılarak yapılmıştır.

Anahtar Sözcükler: Tıbbi bitki, antibakteriyal aktivite, *Staphylococcus* species

Introduction

There is a continuous and urgent need to discover new antimicrobial compounds with diverse chemical structures and novel mechanisms of action because there has been an alarming increase in the incidence of new and reemerging infectious diseases. Another big concern is the development of resistance to the antibiotics in current clinical use.

Gram-positive cocci, and particularly *Staphylococcus* species, are predominant among the organisms that are responsible for infective complications following surgical vascular grafts or the implantation of prosthetic devices (1). Treatment of postoperative infections is further complicated by the emergence of antibiotic-resistant pathogens, which has contributed significantly to the morbidity and mortality of hospitalized patients. Most staphylococcus infections result in acute diseases.

Staphylococcus aureus is a facultatively anaerobic, gram positive bacterium, which causes food poisoning and usually grows on the nasal membrane and skin. It is also found in the gastrointestinal and urinary tracts of warm-blooded animals (2). It also causes boils, abscesses, wound infection, pneumonia, toxic shock syndrome, and other diseases (2). *S. aureus* rapidly develops resistance to many antimicrobial agents. *Staphylococcus epidermidis* is the most common cause of nosocomial bacteremia and is the principal organism responsible for infections of implanted prosthetic medical devices such as prosthetic heart valves, artificial joints, and cerebrospinal fluid shunts (3). Infections caused by *S. epidermidis* are often persistent and relapsing. Although it is generally causative organism in the majority of device related infections (4), the proportions vary depending on the type of infection and centre surveyed.

In light of the recent emergence of the bacteria that are resistant to multiple antimicrobial drugs posing a challenge for the treatment of infections, the need to discover new antimicrobial substances for use in combating such micro-organisms becomes pertinent. Resistant bacteria representing a challenge in the treatments of various well-known infections necessitated the need to find new substances with antimicrobial properties to be used in the combat against these micro-organisms (5).

Besides small molecules from medicinal chemistry, natural products are still major sources of innovative therapeutic agents for various conditions, including infectious diseases (6). Current research on natural molecules and products primarily focuses on plants since they can be sourced more easily and selected on the basis of their ethno-medicinal use (7). The antimicrobial compounds produced by plants are active against plant and human pathogenic microorganisms (8). There are several reports in the literature regarding the antimicrobial activity of plant crude extracts and the bioassay-guided fractionation to yield active principles (9-13). The present study was aimed to evaluate the potentiality of aqueous and alcoholic extracts of 34 Indian medicinal plants against some *Staphylococcus* species. A similar screening study was done against selected pathogens of Enterobacteriaceae (14).

Materials and Methods

Ethno medical information and plant collection

Fresh plants or plant parts were collected randomly from a semi-arid region of Rajkot Gujarat, India. The taxonomic identities of these plants were confirmed by Dr. P. S. Nagar and Dr. N. K. Thakrar, taxonomists of the Department of Biosciences, Saurashtra University, Rajkot, India. The ethno-medical information is reported in Table 1. Fresh plant material were washed under running tap water, air dried, homogenized to fine powder, and stored in airtight bottles.

Plant extraction

For aqueous extraction, 10 g of air-dried powder was taken in distilled water and boiled on slow heat for 2 h. It was then filtered through 8 layers of muslin cloth and centrifuged at 5000 g for 10 min. The supernatant was collected. This procedure was repeated twice. After 6 h, the supernatant was collected at an interval of 2 h, pooled

together, and concentrated to make the final volume one-fourth of the original volume. It was then autoclaved at 121 °C under 15 lbs pressure and stored at 4 °C.

For solvent extraction, 10 g of air-dried powder was taken in 100 ml of organic solvent (methanol or ethanol) in a conical flask, plugged with cotton, and then kept on a rotary shaker at 190-220 rpm for 24 h. After 24 h, it was filtered through 8 layers of muslin cloth and centrifuged at 5000 g for 10 min. The supernatant was collected and the solvent was evaporated to make the final volume one-fourth of the original volume and stored at 4 °C in airtight bottles.

Microorganisms

The microbial strains investigated are identified strains and were obtained from National Chemical Laboratory (NCL), Pune, India. The studied bacterial strains include *Staphylococcus aureus* ATCC 25923, *Staphylococcus epidermidis* ATCC 12228, and *Staphylococcus subflava* NCIM 2178. Microorganisms were maintained at 4 °C on nutrient agar slants.

Antibacterial activity

The antibacterial assay was performed by 2 methods: Agar disc diffusion method (15,16) for aqueous extract and Agar well diffusion method (17,18) for solvent extract. The media (Mueller Hinton Agar No.2) along with the inoculum (10^8 cfu/ml) was poured into the petri plate (Hi-media). For agar disc diffusion method, the disc (0.7cm, Hi-Media) was saturated with 100 µl of the test compound, allowed to dry, and introduced on the upper layer of the seeded agar plate. For agar well diffusion method, a well was prepared in the plates with the help of a cup-borer (0.85cm). Into the well, 100 µl of the test compound was introduced. The plates were incubated overnight at 37 °C. Microbial growth was determined by measuring the diameter of the zone of inhibition. For each bacterial strain, negative controls were maintained where pure solvents were used instead of the extract (16). The control zones were subtracted from the test zones and the resulting zone diameter is shown in the Table 2. For positive control, 5 antibiotics, namely Chloramphenicol (30 mcg/disc), Gentamicin (10 mcg/disc), Ciprofloxacin (5 mcg/disc), Piperacillin (100 mcg/disc), and Imipenem (10 mcg/disc) were used. The experiment was performed 3 times and the mean values are presented.

Table 1. Ethnobotanical information of 34 Indian medicinal plant species screened for antibacterial activity.

Botanical name (family, genus, species) - [Chemical constituent/s present]	Vernacular name	Habit	Voucher number	Part(s) extracted	Action/Therapeutic use
AMARANTHACEAE					
<i>Celosia argentea</i> L. [cellogenamide-a cyclic peptide, phenols, flavanoids]	Lambadi	Herb	PSN645	Whole	anpy, aphro, bl dis, dia, gon, infl, sor
ASCLEPIADACEAE					
<i>Tylophora indica</i> (Burm.f.) Merr. [alkaloids tylophorine, tylophorinine]	Damnivel	Climber	PSN462	Leaf	car, dip, em, expec, pur, stm, ath, bron, dia, dys, dyspep, fla, gou, ul, wo
ASTERACEAE					
<i>Vernonia anthemintica</i> (L.) Willd. [resin, essential oil]	Kaljiri	Herb	PSN415	Whole	fev, ath, co, ul, sk, leucd, lep, dyspep, infl, ast, anth, exp, dmu, diu, stm, feb, gal, ton, pur
BALANITACEAE					
<i>Balanites aegyptiaca</i> (L.) Del. [Saponin, argenic acid, mucilage and sugar, fatty acids]	Engoria	Shrub	PSN112	Whole	alex, anal, anth, pur, verm, bo, bu, co, fra, leucd, sb, sk, sls
BIGNONACEAE					
<i>Spathodea campanulata</i> Beauv. [glucosides, phenols, tannins]	Kesudo	Tree	PSN563	Aerial parts	Pur, sk
CAESALPINIACEAE					
<i>Cassia fistula</i> L. [anthraquinone derivatives, tannin, volatile oil, gluten, sugar, gum]	Garmalo	Tree	PSN250	Leaf	cat, em, feb, lax, pur, bil, bron, fev, rheu, rw
CHENOPODIACEAE					
<i>Beta vulgaris</i> L. [betin]	Beet	Herb	PSN654	Leaf	aphro, car, diu, emmen, exp, pur, ton, con, eac, hac, infl, itc, para, sor, ul
<i>Spinacia oleracea</i> L. [vitamins, minerals]	Palak ni Bhaji	Herb	SU/BIO/495/Thakrar	Leaf	cat, feb, stm, infl
COMMELINACEAE					
<i>Commelina benghalensis</i> L. [alkaloids, caffeine, volatile oil, wax]	Motishumliyu	Herb	PSN731	Whole	diu, sti, dia, fev, lep
CONNARACEAE					
<i>Rourea santaloides</i> (Vahl.) Wight & Arnott [rourinocide, rouremin]	Vardharo	Herb	SU/BIO/496/Thakrar	Root	ton, diab, rheu, sk
CONVOLVULACEAE					
<i>Cressa cretica</i> L. [flavonoids]	Paliyo	Herb	PSN496	Whole	anth, aphro, stm, ath, con, ton
CRUCIFERAE					
<i>Lepidium sativum</i> L. [alpha-tocopherol, ascorbic acid, benzyl-isothiocyanate, beta-sitosterol, iodine, niacin, I inoleic acid]	Ashal/Aserio	Herb	PSN13	Seed	antc
CUCURBITACEAE					
<i>Lagenaria vulgaris</i> Seringe [fixed oils, saponins, vitamins, minerals]	Tumbada	Climber	PSN328	Fruit	ton, pur
<i>Momordica charantia</i> L. [5-hydroxytryptamine, alkaloids, ascorbic acid, beta-carotene, citrulline, cryptoxanthine, diosgenin, lanoscharantin, cryptoxanthin, lutein, lycopene, momordicin, niacin, s tigmasterol, zeaxanthin, zeinoxanthin]	Karela	Climber	PSN333	Fruit	anth, lax, sed, bron, co, elph, pil, ul
<i>Mukia maderaspatana</i> (L.) M.Roem. [Spinasterol, dihydrospinasterol glucoside, fatty acids]	Chadakachima	Climber	PSN335	Aerial parts	exp, sti
CYPERACEAE					
<i>Cyperus scariosus</i> R.Br. [essential oil, myristic, stearic acid, b-selinne, cyperenone]	Nagarmoth	Herb	PSN765	Seed	aro, ast, dip, stm, dia
EHRETIACEAE					
<i>Cordia dichotoma</i> Forst. [Tannin, catharin, sugar, gum ash]	Gunda	Tree	PSN472	Leaf	anth, ast, diu, dmu, exp, pur, ton, co, dyspep, fev, hac, jp, rw, sb, ul

Table 1. (Continued)

Botanical name (family, genus, species) - [Chemical constituent/s present]	Vernacular name	Habit	Voucher number	Part(s) extracted	Action/Therapeutic use
EUPHORBIACEAE <i>Ricinus communis</i> L. [ricin, ricin oil, palmitin, sterine]	Erado	Shrub	PSN699	Leaf	anth, aphro, car, cat, diu, gal, pur, ath, bron, co, con, drop, dyspep, fev, hac, infla, lep, lum, para, rheu, rw, sk
FABACEAE <i>Arachis hypogaea</i> L. [palmitic acid, oleic acid, protein, vitamin B1, B2, B6 and contains lecithin]	Magfali	Herb	PSN152	Leaf	ast, adp, bron, con, fla
<i>Canavalia gladiata</i> DC. [protein, starch]	Talvardi	Climber	PSN157	Leaf	can
<i>Vigna radiata</i> L. [proteins, arachidic acid, arginine, ascorbic acid, genstein, shikimic acid]	Mag	Herb	PSN235	Whole	aphro, dig, feb, gal, ton, co, con, dia, dyspep, fev, fla, hae, infl, lep, pyr, sk
FUMARIACEAE <i>Fumaria indica</i> (Haussk.) Pugsley. [alkaloids]	Pitpopdo	Herb	SU/BIO/497/Thakrar	Seed	dip, diu
GUTTIFERAE <i>Mesua ferra</i> Linn. [mesuanic acid, mesuaferol, mesuaferone-A&B, β -sitosterol, xanthones, coumarins]	Nagkesar	Tree	SU/BIO/498/Thakrar	Seed	aro, ast, col
LABIATAE <i>Ocimum kilimanjaricum</i> L. [methyl cinamate, camphor]	Kapur tulsi	Herb	SU/BIO/499/Thakrar	Whole	col, diu
LAURACEAE <i>Cinnamomum tamala</i> Nees & Ebern. [Essential oil, eugenol, terpene, cinnamic aldehyde oil saffral]	Tamal patra	Tree	SU/BIO/500/Thakrar	Leaf	car, diu, dip, gal, sti, co, dyspep, fev, fla
LYTHRACEAE <i>Woodfordia fruticosa</i> Kurz. [tannin, sugar and naturally acquired yeast microflora]	Dhawadi phool	Shrub	PSN303	Flower	anth, ast, em, feb, sed, sti, bil, bu, diab, hae, lep, sk
MALVACEAE <i>Thespesia populnea</i> (L.) Sol ex Correa. [gossypol, herbacetin, kaempferol]	Paras piplo	Tree	PSN71	Leaf	ast, col, ath, chl, co, dia, diab, dys, gon, haem, her, infl, lep, psor, rw, sca, ul, wo
MORACEAE <i>Artocarpus hetrophyllus</i> Lam. [Cyanomacloin, starch, ash fibre]	Fanas	Tree	SU/BIO/501/Thakrar	Whole	abor, aphro, car, ton, bil, bo, dia, lep, sb, sk, ul, wo
<i>Ficus elastica</i> Roxb. [Tannin, wax, ash.]	Rubber plant	Tree	PSN705	Leaf	-
PIPERACEAE <i>Piper longum</i> L. [piperlongumine, piperlonguminine, piperine, sesamin]	Piplimul	Climber	SU/BIO/502/Thakrar	Root	anth, aphro, apt car, col, lax, sti, adp, ath, bil, bron, co, fev, gou, ins, infl, jaun, lep, leucd, lum, pil, tum
POACEAE <i>Bambusa arundinaceae</i> (Retz.) Roxb. [Silicious concretion, tabasbir, choline, betain, nuclease, urease, cyanogenetic, glucoside]	Vans, bamboo	Tree	PSN793	Leaf	aphro, ast, col, diu, emmen, feb, lax, sti, ton, bil, bron, bu, co, dia, eac, fev, gon, jp, lep, lum, pil, rw
RUBIACEAE <i>Gardenia resinifera</i> Roth. [resinous gum called dikamali]	Dikamali	Tree	PSN351	Gum exudate	car, fla, indi, sk
SAPOTACEAE <i>Manilkara hexandra</i> (Roxb.) Dubard. [tannins]	Rayan	Tree	PSN428	Leaf	aphro, col, ton, bil, bron, lep, ul, urd
VITACEAE <i>Cissus quadrangularis</i> L. [carotene, ascorbic acid, fibre, calcium oxalate]	Hadsankar	Climber	PSN127	Stem	anal, fra, mup, pil, tum, ul, wo

Table 2. Screening of 34 Indian plant species for potential antimicrobial activity against some *Staphylococcus* species.

Botanical name (family, genus, species)	Extract	Sa*	Se*	Ss*
AMARANTHACEAE				
<i>Celosia argentea</i> L.	H ₂ O	3	7	-
	EtOH	-	-	1
ASCLEPIADACEAE				
<i>Tylophora indica</i> (Burm.f.) Merr.	H ₂ O	-	-	-
	EtOH	-	-	-
ASTERACEAE				
<i>Vernonia anthelmintica</i> (L.) Willd.	H ₂ O	2	-	-
	EtOH	-	-	2
BALANITACEAE				
<i>Balanites aegyptiaca</i> (L.) Del.	H ₂ O	4	11	-
	EtOH	-	-	3
BIGNONACEAE				
<i>Spathodea campanulata</i> Beauv.	H ₂ O	3	-	-
	MeOH	-	-	2
CAESALPINIACEAE				
<i>Cassia fistula</i> L.	H ₂ O	-	-	-
	MeOH	3	-	1
CHENOPODIACEAE				
<i>Beta vulgaris</i> L.	H ₂ O	2	4	-
	EtOH	-	-	1
<i>Spinacia oleracea</i> L.	H ₂ O	-	-	-
	MeOH	-	-	-
COMMELINACEAE				
<i>Commelina benghalensis</i> L.	H ₂ O	-	-	-
	EtOH	-	-	-
CONNARACEAE				
<i>Rourea santaloides</i> (Vahl.) Wight & Arnott	H ₂ O	3	9	2
	EtOH	-	-	4
CONVOLVULACEAE				
<i>Cressa cretica</i> L.	H ₂ O	3	6	-
	EtOH	-	-	-
CRUCIFERAE				
<i>Lepidium sativum</i> L.	H ₂ O	12	2	2
	MeOH	-	-	2
CUCURBITACEAE				
<i>Lagenaria vulgaris</i> Seringe	H ₂ O	-	-	-
	MeOH	1	-	3
<i>Momordica charantia</i> L.	H ₂ O	-	2	-
	MeOH	7	2	4
<i>Mukia maderaspatana</i> (L.) M.Roem.	H ₂ O	2	-	-
	EtOH	-	-	-
CYPERACEAE				
<i>Cyperus scarious</i> R.Br.	H ₂ O	-	-	-
	MeOH	3	-	3
EHRETIACEAE				
<i>Cordia dichotoma</i> Forst.	H ₂ O	5	1	-
	EtOH	-	-	2
EUPHORBIACEAE				
<i>Ricinus communis</i> L.	H ₂ O	-	-	-
	MeOH	8	-	2

Table 2. (Continued)

Botanical name (family, genus, species)	Extract	Sa*	Se*	Ss*
FABACEAE				
<i>Arachis hypogaea</i> L.	H ₂ O	-	-	-
	EtOH	3	7	3
<i>Canavalia gladiata</i> DC.	H ₂ O	-	-	-
	EtOH	-	-	-
<i>Vigna radiata</i> L.	H ₂ O	3	1	-
	EtOH	-	-	2
FUMARIACEAE				
<i>Fumaria indica</i> (Haussk.) Pugsley.	H ₂ O	5	1	-
	EtOH	-	1	1
GUTTIFERAE				
<i>Mesua ferra</i> Linn.	H ₂ O	2	-	4
	MeOH	13	-	16
LABIATAE				
<i>Ocimum kilimanjaricum</i> L.	H ₂ O	-	-	-
	EtOH	2	-	4
LAURACEAE				
<i>Cinnamomum tamala</i> Nees & Ebern.	H ₂ O	3	1	-
	EtOH	-	3	4
LYTHRACEAE				
<i>Woodfordia fruticosa</i> Kurz.	H ₂ O	9	-	3
	MeOH	15	9	10
MALVACEAE				
<i>Thespesia populnea</i> (L.) Sol ex Correa.	H ₂ O	3	-	-
	EtOH	4	-	2
MORACEAE				
<i>Artocarpus hetrophyllus</i> Lam.	H ₂ O	3	9	-
	EtOH	4	-	6
<i>Ficus elastica</i> Roxb.	H ₂ O	-	-	-
	MeOH	-	-	-
PIPERACEAE				
<i>Piper longum</i> L.	H ₂ O	-	3	-
	EtOH	-	-	6
POACEAE				
<i>Bambusa arundinaceae</i> (Retz.) Roxb.	H ₂ O	-	-	-
	EtOH	-	-	-
RUBIACEAE				
<i>Gardenia resinifera</i> Roth.	H ₂ O	-	-	-
	MeOH	3	-	7
SAPOTACEAE				
<i>Manilkara hexandra</i> (Roxb.) Dubard.	H ₂ O	2	4	2
	MeOH	7	10	4
VITACEAE				
<i>Cissus quadrangularis</i> L.	H ₂ O	-	-	-
	MeOH	-	-	1

H₂O: aqueous extract, EtOH: ethanol extract, MeOH: methanol extract

#values are the mean of inhibition zone diameter and subtracted from the control

Sa: *Staphylococcus aureus*, Se: *Staphylococcus epidermidis*, Ss: *Staphylococcus subfava*

Table 3. Antibacterial susceptibility testing of various standard antibiotics against *Staphylococcus* species.

Antibiotics	Zone of Inhibition (mm)		
	<i>S. aureus</i>	<i>S. epidermidis</i>	<i>S. subflava</i>
Chloramphenicol (30 mcg/disc)	20	19	18
Ciprofloxacin (5 mcg/disc)	15	23	19
Gentamicin (10 mcg/disc)	18	18	14
Piperacillin (100 mcg/disc)	22	-	21
Imipenem (10 mcg/disc)	30	28	29

Table 3 reports the antibacterial susceptibility of various standard antibiotics against *S. aureus*, *S. epidermidis*, and *S. subflava*. The antibacterial activity of different plant species can be compared with the standard antibiotics. The results show significant activity of the plants, like *Woodfordia fruticosa* followed by *Mesua ferra* and *Manilkara hexandra*, against investigated *Staphylococcus* species.

This work may provide essential information in the selection of plant extract for further isolation of constituents responsible for the activity against the studied species, thereby aiding to explore an antibacterial

lead that is helpful in combating the diseases caused by *Staphylococcus* species.

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