Comparative Study on the Effects of Wire, Polydioxanone, and Mini Titanium Plate Osteosynthesis Materials on the Healing of Mandibular Fractures: An Experimental Study in Rabbits*

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Abstract: In this study, corpus mandibula fractures were experimentally induced on 30 rabbits and 3 different materials were used for fixation. Thirty rabbits were arranged into 3 groups and then wire, polydioxanone and mini plate and screw osteosynthesis materials were used. The fracture healing was examined and compared with clinical, radiological and histological results. From the radiological results the parameters of groups were compared with Lane and Sandhu scale system in terms of callus tissue, mineralization and remodeling. The histological results were evaluated according to the Modified Heiple scoring and compared for histological fracture healing and callus tissue. At the end of the radiological and histological evaluation the 3rd group had the most logical data with mini titanium plate and screws system. In conclusion, with statistical data in mandibular fracture mini titanium plates and screws are found to be the safest way. In addition, the polydioxanone suture material was considered for use instead of wire suture material if necessary.

Key Words: Wire, polydioxanone, mini plate, titanium, osteosynthesis, mandible, fracture, experimental study, rabbit

Mandibula Kırıklarında Tel, Polydioxanone ve Mini Plak Osteosentez Materyallerinin Kırık Kaynamasına Etkilerinin Karşılaştırmalı Olarak Araştırılması: Tavşanlarda DeneySEL Çalışma


Anahtar Sözcükler: Tel, polidioxanone, mini plak, titanyum, osteosentez, mandibula, kırık, deneySEL çalışma, tavşan.

Introduction

Despite its short anatomical structure, the mandible is one of the most functional bones, and difficulties may be encountered during surgical intervention because of the large muscles (1-3). Mandibula fractures account for 3-6% of all fractures in canine patients (4-7).

Determination of the treatment method for maxillary and mandibular fractures depends on many factors. The presence and absence of teeth (8), size of the soft tissue destruction, age, the usage of the animal, shape of localization and stability of the fracture, economic status of the owner and preference of the surgeons (9,10). Usually in the treatment of mandibular fractures, a quick return to the normal functions (4,11), protection of soft tissue and dental structures from destruction, ideal anatomical reduction (12), and protection of occlusive...
alignment are all attempted (4,8,11,13,14). Many different fixation techniques like plates and screws (4-6,8,10,15-23), interdental wires (5,7,10,17,18,22,27-29), intraoral splints (4,6,10,19,30), acrylic splints, external fixators (4-6,10,18,22,31,32), intramedullar pins (4,6,10,17,19,33), interfragmental or intraosseing wires (4-6,9,10,17-19,23,27), interarcade wiring (10,22,34), dental composite application (35,36) and muzzles (5,11,18,22,27), and combinations of these devices have been advocated by surgeons (4,5,10,17,28,37,38).

However, there are some advantages and disadvantages of all these methods. It is probable that many complications may result unless a stable and rigid immobilization is provided in mandibular and maxillary fractures (4-6,8,10,13,23,30,33,39-45).

In this study, fixations of experimentally induced corpus mandibular fractures in rabbits were performed using wire, polydioxanone suture material and mini plate-screw systems.

The ultimate aim was to examine how the healing of the fractures was affected by these three different materials and to compare clinical, radiological and histopathological findings.

Materials and Methods

This study was carried out in Research Center of Gülhane Military Medical Academy. Thirty mature White New Zealand rabbits weighing between 2250 and 4100 g were used. Animals were randomly divided into 3 groups and each contained 10 rabbits.

After anesthetizing the rabbits with xylazin hydrochloride 0.1 ml/kg (Rompun, Bayer, Turkey) and ketamine hydrochloride 20 mg/kg (Ketalar, Eczacıbaşı, Turkey) combination. A 5 cm longitudinal skin incision was performed on the right corpus mandibula (46). Later, bone was exposed and the periosteum was elevated with a periost elevator. Finally, osteotomy was performed and experimental fracture achieved. In the first and second groups, holes were made in both fragments by drilling. Fixations were performed using wire (1 mm in diameter) in the first group and polydioxanone suture material and mini plate-screw systems.

The ultimate aim was to examine how the healing of the fractures was affected by these three different materials and to compare clinical, radiological and histopathological findings.

The findings were compared in terms of the callus tissue, fracture healing and remodeling, and it was found that group 3 differed significantly from the other two groups (P < 0.05, P < 0.001 and P < 0.001 respectively). Group 3 also differed significantly from the other two groups in terms of total scoring (P < 0.001). Groups 1 and 2 did not differ significantly from each other. In group 1, the occurrence of callus in the fracture line, the disappearance (healing) and full-cortex remodeling in 7-8 weeks postoperative were observed (Fig. 1). These data were 6-8 in group 2 (Fig. 2), and 4-5 weeks in group 3 (Fig. 3).

The evaluation of the histopathological findings was performed according to modified Heiple Scoring ranging from 0 to 4 (0 for the least healing, 4 for the optimal healing). The total point was 8 as the sum of the callus.
Figure 1. Radiographical appearances of fixation by cerclage wire (VD and LL).

Figure 2. Radiographical appearances of fixation by polydioxanone suture material (VD and LL).
tissue, and histological fracture healing. The Kruskal-Wallis test was utilized for the statistical analysis.

In group 1 generally fibro cartilaginous healing diffuse callus tissue formation fibrous tissue isles were observed (Fig. 4). However, in group 2 excessive cartilage formation and isolated cartilage calcification and diffusion of fibrous tissue isles into cartilage tissue were seen (Fig. 5). In group 3 completed cortical and trabecular ossification, diffuse and bridging callus tissue formed from osteoid trabecular isles were noted (Fig. 6).

Comparisons of the histological fracture healing and callus parameters revealed that group 3 was significantly different from the other two groups ($P < 0.001$ and $P < 0.001$ respectively). In total scoring, group 3 exhibited a significant difference while the other two groups did not differ significantly (Table 1).

**Discussion**

The principles in healing of long bone fractures are similar to those in mandibular fractures. In addition, the presence of teeth in the mandible causes differences from other bones (43). After osteotomy of the mandible, an extra osseous blood flow occurs via the soft connective tissue until a normal vascular path is developed after the disruption of the blood flow to the rostral fragment (33). Therefore the completeness of rostral soft tissue is important for revascularization of the bone and the prognosis of callus formation. In this study standard osteotomy was performed in exactly the same sides in all groups and damage to the rostral soft tissues and teeth was minimized.

In the treatment of mandibular fractures in dogs, rigid internal fixation materials such as plate and screws are commonly used (13,15,16,26,39). Plate and screws provide perfect fixation in bilateral and complicated
mandibular fractures (23). Fixation with plates provides a painless, rigid and quick functional regain, although they are expensive. In addition, plates can disturb the vascular support of bone fragments, can harm dental structures, tooth routes and neurovascular structures and can cause endodont diseases (6,40,43). For this reason, a lateral or ventral approach must be preferred to avoid the tooth roots and mandibular nerve during plate application (46). The small size of mini titanium plates and screws provided a facilitated usage and minimal soft tissue dissection. Therefore, tooth roots, dental tissues and neurovascular structures were not damaged.

By plate application, dynamic load from jaw functions must be balanced by the static load from plates (8). In this study, it was clearly determined that mini titanium plates provide such a balance.

Interfragmental or intraosseous wire application can only be performed for the treatment of transversal or short oblique mandibular fractures, especially if the other
mandible is undamaged and can function as a splint (23, 27). This technique, often used in mandibular fractures (5, 7), is multifunctional and economical when correctly applied and must be thought of the as the standard technique for the internal fixation of mandibular fractures (19). However, in interfragmental wire application, tooth roots must be avoided, small holes must be drilled (0.045-0.062 inches), wires must be twisted and must be cut short and best downwards to avoid mucosal irritation (9). In the first group where interfragmental wiring was used, tooth roots were avoided during drilling, small holes were placed and care was taken to avoid soft tissue damage by the wire ends. Using cerclage wire implant is insufficient and taking the implant off the operation site is disadvantageous. In order to counter these disadvantages, polydioxanone, a bioabsorbable suture material, was used in the second group and the same results were obtained as in the first group.

Although the recovery period for mandibular fractures was reported to be 3 to 6 weeks, this time can lengthen (5, 17, 35). The fractures in the premolar area in the canine mandible were observed to have healed averagely in the 9th week. In addition, mandibular fractures can usually not tolerate small malalignments, which are well tolerated in diaphyseal fractures in long bones (13). Eight weeks after stabilization performed with 3 different implants, the induced fractures in rabbit

Table 1. Data of Groups.

<table>
<thead>
<tr>
<th>Results and Scores</th>
<th>Group I (Cerclage wire)</th>
<th>Group II (Polydioxanone suture material)</th>
<th>Group III (Mini plate and screw)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bone formation</td>
<td>X 1.60, Sx 0.22</td>
<td>X 1.80, Sx 0.25</td>
<td>X 3.40, Sx 0.22</td>
</tr>
<tr>
<td>Fracture union</td>
<td>X 2.00, Sx 0.00</td>
<td>X 2.30, Sx 0.21</td>
<td>X 3.00, Sx 0.33</td>
</tr>
<tr>
<td>Remodeling</td>
<td>X 2.00, Sx 0.00</td>
<td>X 2.00, Sx 0.00</td>
<td>X 3.00, Sx 0.33</td>
</tr>
<tr>
<td>Radiological total scores</td>
<td>X 5.60, Sx 0.22</td>
<td>X 6.10, Sx 0.46</td>
<td>X 9.40, Sx 0.88</td>
</tr>
<tr>
<td>Callus</td>
<td>X 1.50, Sx 0.17</td>
<td>X 1.80, Sx 0.25</td>
<td>X 3.40, Sx 0.22</td>
</tr>
<tr>
<td>Fracture union</td>
<td>X 2.10, Sx 0.10</td>
<td>X 2.20, Sx 0.13</td>
<td>X 3.40, Sx 0.22</td>
</tr>
<tr>
<td>Histological total scores</td>
<td>X 3.60, Sx 0.27</td>
<td>X 4.00, Sx 0.38</td>
<td>X 6.80, Sx 0.44</td>
</tr>
</tbody>
</table>
mandibulas were completely healed and the best radiological and histological union was obtained from the group in which mini titanium plates were used.

Some complications are seen in many techniques used in mandibular fractures. These are malunion, malalignment (8) or malocclusion (5,6,30,41,42,45), damage to tooth roots and neurovascular structures (8,13,23,33,39,43), delayed union due to expeditious movement (33), nonunion (5,40,41), infection and osteomyelitis (5,8,42,44), delayed functional regain, inhalation pneumonia (5), food storage between the implant and gingival and exudation (23), stomatitis, gingivitis (30), sequestrum of the bone, pin-track infection, soft tissue sepsis (4,44), facial deformity, and oronasal fistula (10). Malocclusion was observed in 2 cases in the first group and in 1 case in the second group. This complication was absent in the third group.

It does not matter which system is used in mandibular fractures because for the plate application to be successful implant material should be extremely biocompatible, resistant to corrosion and must possess suitable mechanical properties. In addition, it must have suitable dimensions so as to maintain strength in the fracture side, but it must not be too thick and bulky, which would make it difficult to use in the facial skeleton (8). The high biocompatibility, anticorrosive structure, antitoxic and antimagnetic properties and small dimensions of the mini titanium plates used in the study facilitated the performance.

According to clinical, radiological and histopathological findings, using mini titanium plate material in the third group showed that this material provided a rigid fixation, maintained maximum immobilization and the rabbits were able to start eating shortly after the operation. Because of its small size, it also reduces the operation trauma and peripheral soft tissue injuries.

It was concluded that mini titanium plates and screws can be used safely in the treatment of mandibular fractures, whereas polydioxanone suture material may be preferred to wire suture material.

References