The Evaluation of the Stomatognathic System of a Group with Anterior Openbite

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Received: December 23, 2003

Abstract: Anterior openbite (AOB) is a malocclusion considered to be associated with symptoms and signs of temporomandibular disorders (TMD). An accurate, objective and repeatable method is needed in order to clarify the relationship between TMD and anterior openbite. The aim of this study is to examine the functions of the stomatognathic systems of 21 adolescents with AOB by means of electrovibratography (EVG), electrognathography (EMG), electroganthography (EGN), and transcranial and cephalometric radiographs. Nonconcentricity and mild asymmetry of the condyle fossa relationships were observed on transcranial radiographs. EMG results showed that 85% of the subjects had abnormal swallowing patterns and 52% had abnormal clenching patterns. The mean maximum vertical opening was 47.26 mm and mean deflection during opening was 2.15 mm. Some 14% of the subjects had high vibrations for the left joint and 10% for the right joint. Although the subjects did not exhibit clinical symptoms of TMD, they had abnormal patterns of stomatognathic function. This must be taken into consideration during the treatment of AOB malocclusion.

Key Words: openbite, temporomandibular disorder, electromyography, electrognathography, electrovibratography

Introduction

The relationship between malocclusion traits and symptoms and signs of temporomandibular disorders (TMD) has been extensively studied in the literature and TMD is generally considered to be one of the risks related to malocclusion(1-5). Anterior openbite (AOB) is a malocclusion significantly associated with symptoms and signs of TMD (6-11). However, in some studies, no association was found between AOB and signs and symptoms of TMD (12,13). The aim of this study was to examine the functions of the stomatognathic system of adolescents with AOB.

Materials and Methods

Twenty-one subjects (13 female and 8 male) with a mean age of 14 years 7 months who had AOB were included in this study. All subjects had skeletal and dental class I malocclusions.

Standardized lateral cephalograms in centric occlusion, and anteroposterior and transcranial radiographs were obtained. Stomatognathic functions were evaluated by means of EVG, EMG and EGN (Bio-PAK, Bio-Research Ass., Milwaukee, USA) (Figure 1).
Skeletal and dental measurements were made on the lateral cephalograms by the same observer. Joint spaces (AJS, PJS, SJS), vertical height of the articular fossa, angle of the articular slope, ratio of posterior to anterior joint space and percentage of posterior to anterior joint space were evaluated on the transcranial radiographs as suggested by Cohlmia et al. (14) (Figure 2).

Surface vibrations of the temporomandibular joints were recorded through EVG (Figure 3). Total integral (I) which is the total amount of energy in the vibration, integral below 300 Hz (I < 300 Hz), integral above 300 Hz (I > 300 Hz), and the relative fraction of high frequency to low frequency energy (>\(<\)) were recorded and classified. The classification was as follows:

0: No clicking  
1: Opening click  
2: Closing click  
3: Opening and closing click

Electromyographic data were collected during the rest position, swallowing and clenching for temporalis anterior (TA), masseter (MM), digastric anterior (DA) and sternocleidomastoid (SCM) muscles. Classifications were made for swallowing and clenching activity according to these criteria:

Classification for swallowing activity:
0: Normal (MM and TA fire with bilateral symmetry. DA shows very little activity as the mandible closes during swallowing but shows a burst later. The swallow lasts about 1-1.5 s).
1: Abnormal (MM shows little activity and DA shows higher activity as the mandible does not close onto centric occlusion. The swallow lasts more than 2 s) (Figure 4).

Classification for clenching activity:
0: Normal (balanced function between MM and TA, or between the left and right sides).
1: Abnormal (a difference ≥ 2:1 between MM and TA, or between the left and right sides).

Jaw movements were recorded during opening and closing, chewing and speech using a jaw tracking sensor array. Maximum vertical opening, amount of deflection, maximum velocities, amount of horizontal movement and terminal velocities were calculated (Figure 5). Chewing cycles were obtained on different planes.

Results
The subjects exhibited a vertical growth pattern (FMA: 30.2°), and a mean ANB value of 2.56°. The mean overbite was –2.57 mm (Table 1).
Nonconcentricity and mild asymmetry of the condyle fossa relationships were commonly observed (Table 2). Left and right mean angles of the articular slope were smaller for this sample when compared to the values of normal subjects that were given in other studies.

Results of the joint vibration analysis showed that 14% of the subjects reported showed high vibrations for the left joint and 10% for the right joint, indicating derangement (Table 3).

EMG results showed that 85% of the subjects had abnormal swallowing patterns and 52% had abnormal clenching patterns (Table 4).
EGN results showed that the mean maximum vertical opening was 47.26 mm and mean deflection during opening was 2.15 mm. When range of motion (ROM) was evaluated it was found that 28% of the subjects had an undeviated trajectory, 14% had an anterior opening posterior closing pattern, 23% had a posterior opening anterior closing pattern and 33% had crossovers (Table 5).

Discussion

In the literature, most studies examining the relationship between anterior openbite and TMD are based on questionnaires and controversy still remains. A more accurate, objective and repeatable method is needed in order to evaluate the relationship between malocclusion types and TMD. In this study all the variables
were measurable and evaluated according to norms, not according to patients’ subjective statements.

One of the findings of this study is the asymmetry of the TMJ, confirming previous reports (15,16,17). This asymmetry may be related to normally occurring cranial base asymmetries (15,18) and side preferences during mastication (17). Analysis of TMJ vibrations has been advocated as a potential modality for evaluation of TMJ disorders and it has been suggested that the sound characteristics of the TMJ might have diagnostic significance (19). In a previous study it was found that joints with internal derangement had a significantly energy level for joint vibrations at any frequency higher than normal joints and these differences were particularly apparent below 250 Hz. The overall energy content for joint vibrations was also higher for the internal derangement group (20). In our study group approximately 90% of the patients had low energy level vibrations; only 1 out of 42 TMJs had both opening and closing click. As the group consisted of asymptomatic subjects, this result was expected.

Results of the EMG showed that an abnormal swallowing pattern was a common feature of patients with AOB, and anterior digastric hyperactivity was seen.
during swallowing in all patients. Since anterior digastric hyperactivity is associated with dysfunctional swallow, openbites and mouth breathing, this result was expected.

The amount of maximum vertical opening as recorded by EGN was within normal ranges. Although Harper (21) suggested that mandibular opening greater than 40 mm does not imply a normal joint status, it is still important in the evaluation of stomatognathic system functions. However, only 28.6% patients had an undeviated trajectory in the sagittal plane. As an undeviated trajectory represents a more relaxed muscular system and more coordinated opening and closing movements, it can be said that 71.4% of this group had disturbances during opening and closing movements.

Mastication is a complex activity that requires precise coordination of the entire stomatognathic system, and impairments of mandibular motion may be linked with various TMD conditions. The pattern of mastication is influenced by the occlusion, skeletal relationship and type of bolus. Chewing gum was used in this study to standardize the chewing cycles. Opening and closing velocities were found within normal ranges but chewing patterns on different planes showed a great variety between subjects, presenting a need for individual interpretation of the chewing cycles for each subject.

Conclusion

The results of this study showed that the stomatognathic systems of AOB patients were disturbed by this malocclusion. Even though the subjects did not exhibit symptoms of TMD, they had abnormal patterns of chewing and muscle functions when evaluated by means of EVG, EMG and EGN.

Since openbite is a malocclusion which tends to display some of the signs and symptoms of TMD this risk must be taken into consideration during orthodontic treatment of this malocclusion.

Acknowledgment

This study was supported by a grant (no: 97K121370) from the State Planning Organization (Devlet Planlama Teşkilati).
References