Adenomyoma is an uncommon benign gastric lesion characterized by duct-Brunner’s gland-like structures embedded within a smooth muscle stroma. This lesion occurs in an intramural extramucosal position, usually in the gastric antrum (85%) or pylorus (15%) (1). It is believed to be developmental in origin and is sometimes categorized as belonging to a subgroup of a heterotopic pancreas (2). The lesions are generally within 4 cm of the pylorus (3).

We report a case of coexistence of gastric adenomyoma and adenocarcinoma rarely described in the literature.

Case Report

A 23-year-old female was admitted to the Department of Gynecology with a 2 month history of abnormal vaginal bleeding and a tumor mass in the lower abdominal region. Physical examination and pre-operative investigations showed that there were bilateral ovarian masses. She underwent laparoscopic resection of the uterus and bilateral salpingo-oophorectomy. The diagnosis of this specimen was bilateral ovarian metastatic carcinoma. To investigate the primary tumor, computed tomography scan procedures demonstrated thickening in the wall of lesser curvature of the stomach (Figure 1). Endoscopic examination of the upper gastrointestinal tract revealed a deep ulcer extending from the cardia through the lesser curvature, 5 cm in diameter and with an irregular border. After examination of the endoscopic biopsy specimen, she was diagnosed with gastric undifferentiated carcinoma and intestinal metaplasia. Duodenal mucosa appeared normal. Laboratory findings did not reveal any significant alterations. Carcinoembryonic antigen, alpha-fetoprotein and cancer associated carbohydrates (Ca 19.9, Ca125) were within normal limits.

Under general anesthesia, laparotomy was performed and she was diagnosed with peritonitis carcinomatosa. Therefore she underwent D2 total gastrectomy, and Roux-en-Y esophagojejunostomy. This surgical specimen, fixed in 10% formalin, was sent to the pathology department and sampled. Samples were embedded in paraffin and sections were stained with hematoxylin and eosin.

Pathologic findings: Macroscopic examination of the surgical specimen revealed the lesser curvature to be...
diffusely infiltrated by an ulcerated tumor mass 7x6 cm in size. Beneath the tumor there was a spongy area approximately 1.5 cm long, situated within the muscle layer of the stomach. Microscopically, the tumor was a poorly differentiated adenocarcinoma of diffuse type, extending out to the serosa and with spread to lymphatics and regional lymph nodes (Figure 2). Random examination of the gastric mucosa away from the tumor demonstrated areas of intestinal metaplasia; 15 mm away from the tumor in the muscularis propria and extending to the serosa there were glandular, in part branching, ductal structures, lined by a columnar epithelium, surrounded by bundles of smooth muscle tissue (Figure 3). In addition, Brunner’s glands were found during microscopic examination. Thus, the final diagnosis of the lesion in the muscularis propria was gastric adenomyoma.

Discussion

Gastric adenomyoma was first described by Magnus-Alsleben in 1903 (1). Approximately 40 cases have been described in the literature (3). Histologically, this lesion is characterized by ductal structures lined by cuboidal to columnar epithelium surrounded by smooth muscle bundles and, occasionally, Brunner’s glands and heterotopic pancreas (3, 4). If there is a predominance of pancreatic tissue then the term ‘pancreatic heterotopia’ or ‘pancreatic rest’ is more appropriate (1). Ling et al. reported nine cases and Barnert et al. reported one case of gastric adenomyoma (5, 6). Van Der Gaag found an adenomyoma in one clinically healthy dog in his study, which was a survey of the histology of gastric biopsies in 501 dogs, consisting of 19 clinically healthy dogs and 482 vomiting dogs (7). Vandelli reported a case of gastric adenomyoma and reviewed the cases which had been recorded until that time (8).

While adenomyomas of the stomach are very rare, pancreatic heterotopia occurs with an incidence of 0.55-15.7%, most often in antral, pyloric, duodenal or jejunal locations as assessed by autopsy studies (9, 10). The histogenesis of gastric adenomyoma is unknown, although most reports consider them to be of developmental origin (1). It is probably a hamartoma rather than a true neoplasm (4, 11). The age range for reported cases is 8 weeks to 81 years, but the majority of cases occur in the fourth to sixth decades.

Like conventional heterotopic pancreas, gastric adenomyoma has occasionally been found to undergo malignant transformation (4, 12). Gastritis cystica profunda is also considered to be among the lesions of intramural glandular cystic lesions of the stomach. This is a diffuse lesion characterized by submucosal cysts surrounded by smooth muscle, which communicate with the gastric surface mucosa, which is often affected by gastritis, and has a well recognized association with gastric adenocarcinoma (1, 13). But cases of adenomyoma of the stomach in association with gastric adenocarcinoma are reported very rarely. Chapple’s case was the first report of adenomyoma of the stomach associated with gastric carcinoma (1). Kanehira described a gastric adenomyoma associated with superficial gastric adenocarcinoma that was found in a 72-year-old male. Although the focus of the carcinoma in his case was located in the center of the adenomyoma, he claimed that this finding could not support the etiology of a gastric adenocarcinoma.
carcinoma originating in an adenomyoma (2). In our case the lesion was located at a distance from the tumor. An unusual coexistence of a malignant Hodgkin gastric lymphoma of the gastric antrum with a gastric adenocarcinoma within an adenomyoma of the cardia is reported by Agresta (14).

In gastric gland heterotopias, lymphoid stroma may be found. Delvaux reported a patient presenting with a lymphoepithelial cyst, a lesion which was not described in the stomach previously (15). Delvaux classified submucosal epithelial lesions as hamartomas, gastric gland heterotopia, duplication, submucosal cystic glands, gastritis cystica profunda and adenomyoma (15).

Treatment of gastric adenomyoma is by resection, and recurrence has not been reported. Laparoscopic resection of the stomach has been reported (3).

We suggest that glandular and cystic intramural lesions of the stomach are a heterogeneous group. Our case is one of a few reports of adenomyoma of stomach accompanying gastric carcinoma.

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References